

From the President



This summer's edition of the TILLEGram marks the completion of a full year of celebrations which followed our spectacular 30th anniversary on May 8, 2010. We acknowledged our many accomplishments with recognition events throughout the year of the many individuals, staff and families who

comprise TILL's families and services. In Robert Brooks' book "Gross National Happiness", the argument is made that what is crucial to well-being is not how cheerful you feel, not how much money you make, but rather the meaning you find in life and your sense of "earned success"-the belief that you have created value in your life or others' lives. We want meaning in life. We want relationships.

I am especially proud to be part of an organization which values such a belief. Our recent Survey and Certification licensing and credentialing process by the Department of Development Services confirmed our ability to create connections for people and to enhance their opportunities to experience new relationships and community opportunities.

This year has seen the passing away of several individuals who have been part of our services for decades. They will be missed but they serve as a reminder of the difference we make in people's lives.

Our staff share their talents with the people TILL supports in so many wonderful ways each day. Together we make connections and develop relationships which add value to all of our lives by helping people to realize their full potential...one day at a time...one goal at a time.

Despite the economic condition, TILL is proud that we have continued to weather the economic storm surrounding us through good fiscal management and creatively seeking varied funding streams and expansion to new programs. TILL strives to be a resource to our families, our staff and our individuals. We have continued to serve as a strong voice in advocating for better wages, for reduction in redundant regulations and policies and for flexibility in developing service models which serve individuals' changing needs. We look forward to entering FY12 with an eye to the future as new service groups evolve.

Sincerely,
Dafna Krouk-Gordon, Founder and President, TILL, Inc.

Survey & Certification (Quest) Results (June 2011)

TILL recently completed its survey and certification review which occurs every two years and is conducted by the Department of Developmental Services (DDS), the public agency which licenses and certifies our services. This occurs every two years and the option is to obtain a one year license with conditions, two year license with conditions or a two year license without conditions.

We are very pleased to report that once again we received a two year certification without conditions. This is our ninth survey with the same two year result. In years past, there was a category of certification with distinction. That category has been removed and in its place a section has been added for comments for exemplary practices which are noted and shared with others throughout the state.

The results of our survey were as follows:

There are 86 quality indicators by which our residential services are measured. We met 81 out of 86 indicators and the five not met were recording and reporting incidences, most of which were rectified before the surveyors left our agency.

There are 55 quality indicators for our Employment and Day supports services. We met 54 of the 55 indicators, again with the one being a reporting situation.

The many strengths and unique characteristics of our agency comprised the bulk of the executive summary of the survey team. Below are the items which they highlighted about TILL's strengths

- Community involvement
- Opportunities for developing relationships
- Setting goals and implementing them
- Ensuring individual safety
- Staff familiarity with individuals who are well trained in supporting them to actualize steps toward greater independence and control over their own lives
- TILL's consistent ability to support individuals to lead quality lives
- Homes were in pristine condition and indicative of valued environments
- Individuals were supported to maintain existing relationships and build on these connections to make new friends

We thank every staff person, family member, funding resources, consultants and clinicians who work with TILL for playing a vital part in achieving these results. It is truly a team effort and we want to acknowledge the energy, enthusiasm and hard work which go into making the excellent quality of our services possible.

TILL's 30th Comes to a Close



A year of celebration and reflection closed out with celebrations at our Day Programs and with our Facilities and Transportation Departments.

TILL held ice cream socials featuring Ron's gourmet ice cream, at each of our four day programs to thank staff, individuals and families for 30 years of service and support. Everyone's attention was focused on the "Handle With Care" video, which opened the festivities. Each staff person and individual received a personalized certificate thanking them for their special contribution to TILL's success over the last 30 years.

Our Transportation and Facilities Departments were feted with a luncheon and each employee received a personalized thank you letter and a copy of our 30th anniversary video.

After a wonderful year of looking back over past accomplishments, we now look to building the next 30 years of success here at TILL. Thanks to all the individuals, employees, families, funding sources and vendors who were part of our first 30 years.



April Madness 2011 With a Little Help From My Friends

The 2011 version of TILL's April Madness came to a close on May 22nd with our annual Cultural Festival. The contest, which first began in 2000, has become a highly competitive and creative event. Our Cultural Festival was first held in 2001 as the culmination of April Madness. It features an international pot luck lunch representing the current 56 ethnic backgrounds of TILL staff and individuals. The unique and rewarding part of April Madness is that it is no longer restricted to 12 weeks from the kick off day each February. Instead, it shapes the thinking and activities of each program year round. It has helped our staff think that no activity, volunteer effort or trip is impossible. You just have to plan and try anything.

This year's festival, held once again at UMASS Lowell's Cumnock Hall, featured a live performance by the TILL "Handle With Care" Band. The band came together last May and was featured in our 30th anniversary video. Tammy Scott, Central Accounts Manager for our accounting department in Dedham, kicked off the performances with James Taylor's "You've Got a Friend". John Stevens, Director of Special Projects, was joined by Tim Foley, Manager of our Chelsea Day Program, to perform "Stand by Me" and they were then joined by the newly formed "Handle with Care Chorus" for a rendition of "With A Little Help From My Friends". The Chorus was comprised of talented individuals and staff from our group homes.

This year's contest was very competitive. Amongst the 45 entries there were 14 ties! The spirit, energy and creativity shown by all programs were most impressive. But when the dust finally settled, the ladies and staff at our Lilac Court home were the winners. Congratulations to everyone who participated and worked so hard to make this year's contest and festival such a huge success.

Spring Gala

TILL's annual Spring Gala was held on Saturday, April 2nd, at DiBurros in Haverhill. Twenty TILL group homes gathered with family and friends to enjoy some fine dining and dancing while showing off their finest fashions. The big event of the evening was the crowning of the King and Queen. Our newly crowned royalty this year were Larry Lovett from our Brighton home and Michele Wallenstein from our Newton home.

Everyone was in high spirits. The dancing was only interrupted by the wonderful dinner and a visit from John Stevens and Paula Aiesi to drop off this year's April Madness packets, followed by a rousing rendition of "With A Little Help From My Friends" which is this year's April Madness theme.

It was indeed a lovely evening in a lovely setting. Thanks to all the staff who helped get everyone there and looking so elegant. Thanks to our friends at the Crystal Community Club in Wakefield for providing a DJ for the evening. Thanks also to all the behind the scenes helpers; Tre Guay and Paula Aiesi for organizing the guest list and ticket distribution, and to Lana Magao, Jennifer Ferris, Tanya Amato and Nelsy Fernandez for the beautiful centerpieces and all the décor. Next year's Gala is already booked so we'll see you all again in a year.



Newly crowned King Larry Lovett & Queen Michele Wallenstein

“Taste of Spring” Benefit Concert

*O*n March 27, 2011, a concert was held at Blackman Hall at the Indian Hill Music School. Proceeds of the concert were to benefit TILL’s Alden Road group home in Andover. The concert was conceived by Julie Casanave, whose brother John is a resident at Alden Road. Julie organized a talented group of musicians for the 75 minute program. The line up featured pianists Julie Casanave and her sister Jennifer Friborg, vocalist Amy Giera and Flamenco guitarist Seiki Tamura.

The Indian Hill Music School which is located in Littleton, MA provided a beautiful setting for the concert. The musicians presented a lovely mix of classical and popular music which ranged from Chopin to the Beatles’ “Blackbird”.



Pianist Julie Casanave



Guitarist Seiki Tamura

Julie’s motivation for the recital was a desire to pull together some musical friends who love to perform, and her desire to make a tangible contribution to TILL, an organization that she feels has had a significant impact both on her life and that of her family. Julie’s brother, John, has been a resident of our Alden Road home since TILL began it in 2002.

Money from the concert will go to help John and his housemates to continue pursuing their interests in the community which recently included a helicopter tour of the Greater Boston Area. Thanks to Julie and her talented musical colleagues for an afternoon of professional entertainment.

Dances With Wheels Honored at State House

DDS Commissioner Elin Howe and Central Middlesex DDS Area Director, Mary Beth Coyne recently visited TILL’s Day Programs. They were so impressed with our Dances with Wheels Program, and their connection to the community that they nominated them for an award, which they received at a ceremony at the State House on April 11th. The award recognized the program for bringing “joy, happiness, and inspiration for people who use wheelchairs and for those who enjoy the beauty of dance.” The award is another in a long line of accolades the troupe has received since 2006 when it was formed.

In addition to inspiring performers and audiences alike, the program also helps raise funds for the Billerica Scholarship Foundation to support a Billerica High School student with disabilities to go to college.

Adding more to their long list of achievements, they were recently featured on the cover of the Billerica Green. Publisher and managing editor of the Billerica Green, Liana Measmer, received the award as well.

Dances with Wheels has become a mainstay in Billerica. They have worked closely with Billerica Access TV where they do much of their filming and rehearsing. They have been featured on Boston.com and in the Bedford Times.



Congratulations once again to the dancers, Alison Hill, Lisa Roy, Heather March and Dennis Fryar, and to their stage crew Alan Chevitz, Paul Cheuchi, and Heather Darnell. And of course, congratulations to Doug Townsend and Rhonda Pattelena for making it all happen.

Neurofeedback Offered at TILL Central

We are happy to announce that an innovative clinical intervention has become available to individuals who participate in our Billerica TILL Central Program. This intervention is a type of biofeedback called neurofeedback and is being provided by the Director of STRATTUS, Dr. Sharon Kreder.

Neurofeedback is a form of conditioning that rewards people for producing specific brain waves, such as those that become more prevalent when one is relaxed or paying attention to something. It has been around for decades, but now video games have opened up the potential for using this treatment for a variety of issues, including symptoms and/or behaviors that can be associated with autism and Asperger's syndrome, to name a few.

The goal of neurofeedback sessions is to "retrain the brain." Using a painless and non-invasive video game set-up, the participant views computerized feedback via a game format. When desired brain wave

changes occur, the computer game plays on the screen situated in front of the individual. When the participant's brain waves start to drift out of the focused and attentive mode, the video game begins to shut down. Through this video game feedback, the participant can learn to more effectively tune in and settle down. With sufficient practice, individuals are able to retrain their brain-wave patterns over time and can experience symptom reduction and improved functioning. By using computer game training, the possibilities for brain-wave biofeedback are especially promising for individuals who might not be engaged by other, more traditional clinical interventions.

STRATTUS is an affiliate member of EEG Spectrum International and staff have been professionally trained to administer neurofeedback sessions. If you would like to learn more about neurofeedback, contact Dr. Sharon Kreder at STRATTUS...TILL's Mental Health Clinic at 781-329-9365 ext. 4642 or by email to sharon.kreder@tillinc.org.



New Sites Near Finish

Two new sites that have been under construction this past year are nearing completion. Our beautiful new location on Arlington Street, in Watertown, will be home to our Watertown Day Program. And our new group home on Austin Street in Hyde Park will soon be ready for selected individuals from our Dana Ave. Residence. Both new buildings are part of TILL's commitment to expand and change with the needs of the individuals we serve.



TILL-New Hampshire

TILL-New Hampshire, which develops and operates innovative community based supports, is thriving and expanding. Our New Hampshire services include a variety of residential, social and recreational supports as well as an employment component. As we head into the summer months, life is already busy in New Hampshire. Activities include fishing, camping and even mountain climbing. All of TILL-New Hampshire's programs and services are highly individualized and based upon each person's unique interests, strengths and abilities. If you have any questions, or would like more information about TILL-New Hampshire's innovative programs, please contact Theresia Robinson at theresia.robinson@tillinc.org.

Cravings Gets Going

TILL opened Cravings, a gift and catering business, in 1994. The stylish storefront, located at 64 East Pearl Street in Nashua, NH, features a selection of jewelry and gifts, a café and a catering business. Under the direction of Cindy Anderson and site manager Scott Rowell, the catering business is currently thriving. New contracts will require the production of about 300 additional meals per day for local charter schools and day care services. Cravings is one of TILL's many entrepreneurial businesses that offers individuals an opportunity to learn new skills and become active and productive members of their communities. Cravings currently has four individuals who have met the criteria for employment after undergoing training at the site.

Dysphasia Training

Dysphasia is a swallowing disorder that causes food to aspirate into the lungs and can result in pneumonia. A team consisting of a Speech Therapist, an Occupational Therapist and a Nurse are all key in treating individuals with Dysphasia.

TILL's speech therapist Aaron Kaufman has worked closely with the MassTex Imaging mobile unit to help train TILL staff in the management of dysphasia. The mobile unit allows staff to actually see dysphasia in action and has been a useful tool in helping staff to understand and manage this disorder.

Annual Fund Donations

TILL and the individuals we support are most appreciative of the recent donations that have been made by the following generous people and companies during the period from December 1, 2010 to May 31, 2011.

TILL General Donations

President's Club \$10,000 and above

Patron

\$2,500-\$5,000

John & Diddy Cullinane

In memory of James Cullinane

Benefactor

\$1,000-\$2,499

Paul Martini

Francis & Teresa Vaughan

In memory of James Cullinane

Julie Casanave

Alexander Seth Jones

Maria Mural, DYAX Corp.

In honor of Billerica Central

Manuel Santos,

Intern'l Order of Alhambra

For Peabody residence

Arts and Cards, Inc.

Sustainer

\$500-\$999

Mr. & Mrs. James Herscott

Elizabeth Warburton

Sponsor

\$250-\$499

Karen Degregory &

David Pasterchik

In honor of Justin Daigle

Barbara Jackins

Ned Batchelder &

Susan Senator

Stephen Fay,

Fay & Associates, P.C.

Lawrence & Paulette Wexler

In honor of Marc Wexler

Robert Rettig

In honor of Dorothy Rettig

Supporter

\$100-\$249

Margaret Spence

Kenneth & Diane Saleski

On behalf of Dafna

Ernest & Esther Penta

In honor of staff at School St.,

Acton residence

Juergen & Susan Nordhausen

In honor of Peter Nordhausen

Adeline Damonville

In honor of daughter, Christine

Albert & Barbara Fullerton

Marion C. S. Levitin

Jane Duncan

In honor of Gibson Ave,

Dedham staff & residence

Ann Gilman

Ann Yos

In honor of Dedham Office

& Billerica Day Hab

Frank & Joanna Chicko

In honor of Cincy Anderson

Gina Shulminson & Staff

at ETC

John & Jennifer McGilvray

In honor of Yemallo Drive,

Brockton residence

Frederick Foppiano

In honor of Stephen Foppiano,

in memory of Eileen Foppiano

Scott & Gladys Olson

In honor of Joshua Olson

Joan Mahoney & Kathleen

Ferguson

In memory of Bill Mahoney's

Dad

Phyllis Schultz & Matthew

Gromet, M.D.

In memory of William Schultz

Paul Palefski & Sandra

Solomon Palefski

William N.D. Reid

India Fuller

In honor of Cora Fuller

Kay Yeuell

Louisa Vandermerwe

Joseph & Harriet Uretsky

Richard & Deborah Whitney

John & Alice Flynn

North Shore Spring Gala

Gustov & Vibeke Christiansen

North Shore Spring Gala

Friend

Under \$100

Josephine Corbosiero

In Honor of Lena Magazzu

Paul & Maria Corbosiero, Jr.

In Honor of Lena Magazzu

Martha Wilson

Stephen & Roberta Rowell

In Memory of Debra Rowell

Rosalyn Chefitz

Dorothy Katz

Harriet Uretsky

Karen Grossman

Eleanor Faye

North Shore Spring Gala

Gbalee Blamo-Slopadoe

North Shore Spring Gala

Dennis & Pamela Harmon

In Honor of Tracy & Stephen

Cayon

Ronald & Irene Pickering

Mr. & Mrs. Julian Wierzbicki

Donald & Virginia Glover

In Memory of Jay Hesterberg

Eric and Louise Johnson,

The Andrew Johnson

Irrevocable Trust

Robert & Brenda Borr

Joseph & Shirley Quirk

In Memory of Judge Jonathan Brant

Maria Sauzier

S. Stephen Rosenfeld &

Margot Botsford

Toby & Deborah Lustig

Catherine White

Abraham & Gretchen Morse

Harold & Dale Stahler

Bonnie Newman

Susan Sargent

Ronald & Helen Lifson

Nisha Charkoudian

Lorig Charkoudian

J. Elizabeth Cremens

Molly-Jane Isaacson Rubinger

Jane Newman

Paul & Mary Menton

Eric & Esther Fortress

Jeffrey Parker & Nancy Belkow

Harvey & Brenda Freishtat

Laurie Swett

Mark Byers & Laura Isenberg

Joanne Moses

Richard & Gail Gelb

Bella Rosner

Attorney Alan Tuttman

Bernice Brant

Michael & Susan Epstein

Steven Wofsy

In Memory of Carol A. Mahoney-O'Mahoney

David & Marlene Sommers

Joseph & Phyllis Gorman

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Thomas & Lisa Collins

Mary Klier

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Andrea Lowenberg

Marilyn Harvey & Laurie

Monsell

Anne Linn

Stanley & Mary Ann Limpert

William & Carol McCarthy

Roger & Jeanette Lambert

Mary O'Donoghue

Julie Casanave

David & Elizabeth Casanave

Grace Zimmerman

Guy & Ann Marchmont

Stephen & Lee Ann Meidell

Sandra Ciolfi

Andrea Foertsch

Kendra E. Nordin

Ralph Buschmann &

Robin Schoen

Thomas Spine &

Patricia Anastasia

Scott & Paula Prella

James & Tessa Bollinger

Jeanne Curtis

Autism Resource Center, In Memory of Leo Tougas

William & Aline Dennehy

John & Elizabeth Hassett, Jr.

Margaret Renaud

Joseph & Evelyn Cummins

Roberta Robert, Webster Five

Cents Savings Bank

Joseph & Linda Parmakian

Edward & Jane Ouellette

Francis & Beverly Garofoli

Friends of Springboard

Stanley & Rita Kaplan

Family Foundation

Jerry & H. Sydney Hirsch

In Honor of Scott Shukan

Above and Beyond

Each month, TILL's Professional Development Committee awards a Certificate of Appreciation to employees who have gone that extra step in the performance of their duties. Certificates are on display in the main hallway of our administrative offices. Congratulations to the following employees for going Above and Beyond.

Employees who have been recognized for going "Above and Beyond" in 2011:

Juanita Kimble - *For going above and beyond her many duties to help others, for her pleasant demeanor, sense of harmony and humor.*

Karin Connolly - *For coming to work with a positive attitude and a professional appearance, and making a great first impression on Dedham office visitors.*

Shauna D'Alleva - *For providing RN coverage in a program not overseen by her without complaint, so that Day Hab individuals could receive their routine medical care without interruption.*

Nicole Mason - *For her energy and drive that make the TRASE After School program the place it is. Your ability to work with students, families and DDS is exceptional.*

Jim Kiely - *His freshly baked, homemade cookies are delivered weekly to the Dedham office staff. Thank you for taking the time to make such treats.*

John Stevens - *For delivering fresh donuts each Friday for hungry TILL employees, customizing individual special requests.*

Hector Melendez - *For a wonderful Valentine's Day Party where flowers were given to the ladies and chocolates to the gentlemen. The house was decorated with the spirit of love.*

Samantha Temple and Liza Hanshaw - *For their attention to detail and thoroughness when administering medication. You were able to spot a pharmacy error and so detected and avoided a potentially dangerous situation.*

Tiana Boykin - *For stepping in the absence of a direct supervisor and being reliable, enthusiastic staff and a great help with staffing and ongoing operations of the home..*

Chris Sweeney - *For going above and beyond her duties in providing assistance and individualized attention to every TILL employee seeking guidance.*

Anastasia Worth - *For finding many ways to help the individuals living at Page Road to feel special and get involved with purposeful activities. The creativity and spirit she shares with everyone at Page Road is inspiring and energizing.*

Mark Charney - *For the significant improvements you have made at the Hale St. Program. Your leadership and innovation has been noticed and appreciated by TILL and DDS personnel as well. The men at Hale Street have benefitted greatly by the changes.*

Tanya Gagnon - *For running your program beautifully and not hesitating to help out at other programs, often without being asked. You have been a positive role model and mentor to many.*

Alfreda Qualls - *For spending an entire Saturday planning a double birthday celebration with two of the ladies at Ralph Talbot. She has provided great support and training to those new to the field.*

Toni-Ann Williams and Heidi Torries - *are being recognized for going above and beyond in preparing for QUEST. They worked tirelessly in cleaning and organizing Dana Ave. They accepted the advice and knowledge from others with appreciation and professionalism. Due to their follow through, Dana Ave. was able to showcase their program beautifully during Survey and Certification.*

Winstine Pryce - *is being recognized for helping the folks at Gibson Ave. get ready for QUEST. While running her own busy residence, she took the time to help make the Gibson Ave. program shine.*

Elizabeth Arthur and Regina Kizzie - *are being recognized for going above and beyond during April Madness. Their positive spirit and energy brought Dana Ave. to the top. They faced challenges and some setbacks and never gave up. Due to their efforts, the Dana Ave. residence received the third place prize at the Cultural Festival.*

Annie Sartorius - *is being recognized for going above and beyond over Memorial Day weekend! Her typical week never included weekends. She spent many hours over the weekend, providing support and comfort for one of the Hudson Day Hab participants who had been admitted to the ICU. She worked closely with the family and medical team to ensure that the best medical care and attention was provided.*

Theresa Guay, Svetlana Magao, Olatilewa Adeleye, Norah Nalunkuma, Gertrude Digue, Kelli McCray, Melissa Regan, Ann Kiraki, Donna Shipp, Shadea Jacobs, Nemhina Mhando, Nadia Olahide, Juliet Kaweesa, Marlana Fichtner, Charlene Magny, Laurie Carr, Penny Rickard, Sandy Magny - *TILL, Inc. welcomed Grace Goddard in May 2010. Shortly after she settled into her new home, Grace became ill. Because of you, the time Grace lived in Newton was filled with happiness and love. Your support and compassionate care were vital during her dying process.*

Tom Gates - *For making the extra effort to fix an individual's hospital bed. When troubleshooting over the phone did not work, you did not hesitate to go to the program and resolve the problem.*

To all of our employees who have gone Above and Beyond, thank you for all you do!

In Memory and Fondness as We Say Goodbye

Grace Goddard, April 22, 2011

Grace came to TILL with the opening of our home in Newton. Medical issues had necessitated her placement in a nursing home, but it was her dream to again have a home of her own. Grace died at home surrounded by her loving family, friends and residential staff. She was the devoted mother of Barbara and Beth and grandmother to TJ, the love of her life. Grace lived a rich and active life. Along with her family, she maintained an avid interest in sports and loved the Red Sox in particular. Grace was an active member of her church, The Church of The Good Sheppard in Watertown, where her service was held.

Jay Steven Hesterberg, March 7, 2011

As a result of deinstitutionalization in the 1980's, Jay was one of the original residents at our Westborough home on Lyman Street. He attended our day program in Hudson. Jay was 48 when he passed away on March 7, 2011. Jay will be remembered for his dynamic smile and good natured personality. He was a cornerstone of that home for over 28 years!

Charlie Billings, March 14, 2011

The man who some knew as the Mayor of Framingham, others simply as the man on the cherry-red scooter, passed away on

March 14, 2011. Born 69 years ago in Gardner, Charlie spent his younger years at Wrentham State School. He was one of the first to leave the Wrentham State when deinstitutionalization began in the 1970. In 1985, he received the Bukk Sackter Citizenship Award, given in honor of the man whose life story was portrayed in the Emmy-winning TV movie, "Bill", a man whose story of moving from an institution to independence mirrored Charlie's life.

Charlie came to TILL in 2007, where we provided in home supports to allow him to continue his active life in the community. Despite many trials in his early years, Charlie remained upbeat and positive. He was a fixture in Framingham and will be missed by the many people whose lives he touched.

Christopher Hayes, May 16, 2011

Christopher, 42, passed away on May 16th. He came to our Acton, School Street Residence from his home in Natick in 1988, where he continued to be a stable and vital member of the home for twenty three years. Christopher attended our Hudson Day Program for 20 years. He remained close with his loving and supportive family and spent a great deal of time at their home on Cape Cod. He will be missed greatly by his housemates and staff.

Return Service Requested

Dedham, MA 02026-2056
20 Eastbrook Road
Eastbrook Executive Park

Toward Independent Living and Learning (TILL), Inc.

THE TILLEGRAM

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